

Patient Name: _____

Date: _____

Patient ID # _____

Katz Index of Independence in Activities of Daily Living

| Activities Points (1 or 0) | Independence (1 Point) | Dependence (0 Points) |
|---|---|---|
| | NO supervision, direction or personal assistance. | WITH supervision, direction, personal assistance or total care. |
| BATHING Points: _____ | (1 POINT) Bathes self completely or needs help in bathing only a single part of the body such as the back, genital area or disabled extremity. | (0 POINTS) Need help with bathing more than one part of the body, getting in or out of the tub or shower. Requires total bathing |
| DRESSING Points: _____ | (1 POINT) Get clothes from closets and drawers and puts on clothes and outer garments complete with fasteners. May have help tying shoes. | (0 POINTS) Needs help with dressing self or needs to be completely dressed. |
| TOILETING Points: _____ | (1 POINT) Goes to toilet, gets on and off, arranges clothes, cleans genital area without help. | (0 POINTS) Needs help transferring to the toilet, cleaning self or uses bedpan or commode. |
| TRANSFERRING Points: _____ | (1 POINT) Moves in and out of bed or chair unassisted. Mechanical transfer aids are acceptable | (0 POINTS) Needs help in moving from bed to chair or requires a complete transfer. |
| CONTINENCE Points: _____ | (1 POINT) Exercises complete self control over urination and defecation. | (0 POINTS) Is partially or totally incontinent of bowel or bladder |
| FEEDING Points: _____ | (1 POINT) Gets food from plate into mouth without help. Preparation of food may be done by another person. | (0 POINTS) Needs partial or total help with feeding or requires parenteral feeding. |
| TOTAL POINTS: _____ SCORING: 6 = High (<i>patient independent</i>) 0 = Low (<i>patient very dependent</i>) | | |